

Learn it, Practice it Perfect it,



So you've learnt to shoot, you've had lessons and started shooting some competitions. You've been improving steadily and then all of a sudden you're not improving, you're stuck at 60%, 70% or some other random number. WHY?...

Simply launching lead into the air at targets is not going to get you to your full potential. You could be practicing and honing a bad habit to perfection!

Learn It.....

This is where you learn how to shoot the target presentation. Your positioning, pick up point and break point, transition to second target etc. (as many shots as it takes)

Practice It.....

This is where you repeat the process until you are happy it is right for you and you are breaking a high percentage of the targets. (20 to 40 pairs)

Perfect it.....

This is where you repeat, repeat, repeat and keep repeating until it becomes second nature, habitual and you are nothing short of proficient. (100 + pairs)

Go and see your coach and learn how to practice. It sounds odd I know but it will pay dividends. Why launch lead from 250 cartridges into the air and not learn anything positive or improve?

